

This notice sets out a summary of medal race requirements. It is not an exhaustive list of all rules that apply, and athletes and support teams are advised to read all rules that apply to the medal race.

1. Athletes are referred to the World Sailing Information to Medal Race Athletes which is available on the World Sailing Olympics website.
2. The exact location of the quarantine area will be issued by 1600hrs on the day before the medal race. All boats and equipment shall be placed no later than 1800hrs on the day before the medal race (or at a later time as permitted by ER 5.4).
3. Once a boat is in the quarantine area, Omega will fit a second tracking unit to it under the supervision of a member of the EIC.
4. On the day of the medal race, the quarantine area will be open to athletes and support teams at 0945hrs for the first race and 1045hrs for the second race. Athletes and support teams may enter the quarantine area at these times and only if the EIC is present.
5. Unless instructed otherwise by the EIC, on the day of the Medal Race boats shall:
 - a. 3 hours before the start time of their race be presented in accordance with ER 4 for equipment inspection;
 - b. with at least one athlete and/or one or two support team members present at all times during the inspection; and
 - c. once inspected, boats and equipment shall remain within the quarantine area, or otherwise under the control of the EIC, until the Delta flag. [ER 4.8, 5.8]
6. 2 hours before the start of the medal race, athletes shall pass through the mixed zone. They are not obliged to give any interviews. [AMG 5.2]
7. The intention of the Race Committees is to display Delta at one hour before the start time of each medal race. Once the Delta flag is displayed, boats may leave the quarantine area and then shall move directly to the launching area and launch.
8. Once launched, boats are strongly encouraged to “check in” between the blue mark and the beach area. After racing, the top three are strongly encouraged to “check out”. [AMG 5.3, 5.4].
9. Support teams are reminded that the STR restrictions, including on the number of support boats, remains in force. Only one support boat per NOC competing in the medal race is permitted in the Support Boat Zone.
10. Boats are requested to remain in the vicinity of the Race Committee finishing vessel until the conclusion of the Bravo flag procedure. If a boat leaves the area, responsibility for a delay or lack of information concerning post-race protests or score changes lies with the boat.
11. If an athlete is selected for doping control, they must remain with the anti-doping officers or chaperones at all times until the procedures are complete. In particular, they must not go to the toilet before attending doping control. Athletes will only be permitted to leave doping control during the procedures to attend a medal ceremony or a hearing.
12. Medal ceremonies are currently scheduled for 1630hrs each day. However, they may begin earlier and, if racing is delayed such that the ceremony will take place in the dark, the ceremony may be re-scheduled at short notice to the next day.
13. Athletes and team leaders are strongly recommended to have their NOC uniform ready for medal ceremonies at short notice. If an athlete is in doping control, the team leader must bring the uniform to the doping control station for the athlete to change into.